



# Strengthening Families



The Strengthening Families Programme is a skills programme which gives parents and their children the opportunity to work together to learn new skills, improve communication and create positive relationships within the family.

The **Senior Programme** for ages 12 – 18 will take place in the Clan na Gael Rooms in Dundalk from **Tuesday 27th September - Tuesday 13th December.**

Contact Donna or Garrett from The House in Coxes  
Donna: 0871099614 or email [donnaconroy07@gmail.com](mailto:donnaconroy07@gmail.com)  
Garrett: 0863733170 or email [gaweld@gmail.com](mailto:gaweld@gmail.com)

The **Junior Programme** for ages 6 – 11 will take place in the Community Office in Louth Leader Partnership, Dundalk from **Wednesday 28th September - Wednesday 14th December.**

If interested, contact Christina from The Genesis Programme

Christina: 0872598149 or email [christina.ryan@cllp.ie](mailto:christina.ryan@cllp.ie)

