

## **PROVIDING OPPORTUNITIES**

for WOMEN for **EMPLOYMENT RESKILLING** 









We offer:

Training - Qualifications - Help to Find Work







A Fresh Start

is waiting

for **YOU** 

POWER WILL PROVIDE SUPPORT TO WOMEN AGED 18-65, NOT IN EMPLOYMENT, EDUCATION OR TRAINING\*

Support is individually tailored, provides an opportunity to meet like minded women & includes:

- Building self confidence
- Training courses & qualifications
- Learning new skills
- CV building/updating
- Help to find employment
- Health & wellbeing support
- Accessing specialist support
- Volunteering/work placement opportunities
- Group & 1-2-1 sessions
- And much more...

\*Eligibility criteria applies



POWER is being delivered in counties Cavan, Louth & Monaghan by:

## Interested?

Call: 047 84616 Email: info@networkpersonnel.ie



Ireland's European Structural and Investment Funds Programmes 2014-2020

Co-funded by the Irish Government



**EUROPEAN UNION** 

Investing in your Future

European Social Fund



Rialtas na hÉireann Government of Ireland

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